

Artistic House Furnishing

BY

Artistic House Furnishers

FOR

Artistic People

IS OUR AIM.

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Cure
CuresCoughs and
Colds.
HOLLISTER DRUG CO.,
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Medical Hall, - - 316 Fort Street.

Seven Pounds in One Week

Not every man who is thin would thank you for fattening him. He doesn't want to be fat and for every good reason. Unnecessary fat is a load to carry about; it interferes with a man's power to work, shortens his wind, and dulls his wits.

Yet, on the other hand, a certain amount of flesh is needed for health and comfort. For example: A man five feet high should weigh about 120 lbs.; and man five feet six inches, 145 lbs.; a man six feet, 178 lbs. It is a regular ascending scale. The insurance companies allow a variation of 7 percent above or below it, and beyond those limits charge an extra premium. One shouldn't be much over or under his proper weight if he wants to be sound and hearty—and we all do want that.

Now we will tell you how Mr. Thomas Crosby, being under weight, gained seven pounds in a week. He had lost 1½ stone, which is too much off for a man who was never fleshier than he naturally ought to be.

It was this way. He was right enough up to May, 1891. At that time he began to feel ill and out of sorts. He had a nasty taste in his mouth—like rotten eggs, he says—and a thick, slimy stuff came on his gums and teeth. His appetite failed, and what he did eat was, as you might say under compulsion; and right afterwards he would have great pain in his stomach and chest. Plainly, something was amiss with him in that region. He was often dizzy, and cold chills ran over him as though he were threatened with fever. Of course we should expect a man who is handled in this way to lose strength. Mr. Crosby lost strength. In fact, he got so weak and nervous that he shook all over, and his hands trembled as if a current of electricity were running through him.

To use his own word: "I rapidly lost flesh, was 1½ stone lighter, and could hardly walk about. Once my parents thought I was dying, and sent in haste for the doctor. I saw two doctors in Epworth and one at Haxey, but they were not able to help me. Our vicar, Rev. Mr. Overton, recommended me to the Lincoln Infirmary, where I attended for eight weeks as an out-door patient, without benefit.

"Soon afterwards Mr. Sharp, a chemist, at Epworth, spoke to me of the virtues of a medicine known as Mother Siegel's Curative Syrup. Being interested in what he said, I left off trying other things and began taking this Syrup. In a few days I felt better, and presently I gained seven pounds in a week. At that rate I soon got back to my work, and have had the best of health ever since. I tell these facts to everybody, and am perfectly willing they should be published. Yours truly (Signed), Tom Crosby, Ferry Road, Epworth, via Doncaster, December 23rd, 1892."

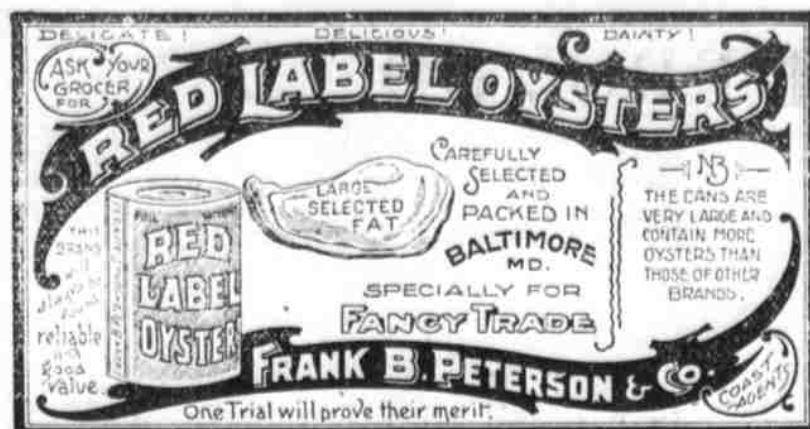
After reading Mr. Crosby's story we scarcely need to ask why he lost flesh. The minute he stopped eating and digesting his usual allowance of food he began to fall away. Trees, they say, grow as much from the air by means of their leaves, as they do from the soil. But men don't. They've got to be built up through their stomachs. Indigestion and dyspepsia (Mr. Crosby's complaint) stops this process and poisons those who have it, besides. That accounts for all the painful and dangerous symptoms our friend speaks of. The doctors do what they can, but, unluckily, they don't possess the medicine that goes to the bottom of this disease and cures it. The remedy is Mother Siegel's Curative Syrup, and nothing else, so far as we know. It restores digestion, and digestion covers the bones with fat enough for health and good looks.

Band Concert.

The Hawaiian band will render the following program at Emma Square at 4:30 this afternoon:

March—U. S. S. Philadelphia... Berger
Overture—Light Cavalry... Suppe
Mazurka—A Thought... Barsotti
Selection—A Gaiety Girl... Jones
Waltz—The Sylphs... Waldteufel
Polka—A Good Kiss... Coote
Hawaii Pono.

United Carriage Co.'s stand, besides having superior hacks always ready at the call of "290," furnishes fine livery outfits at the shortest notice—good horses and nice carriages, from buggy to wagonette.



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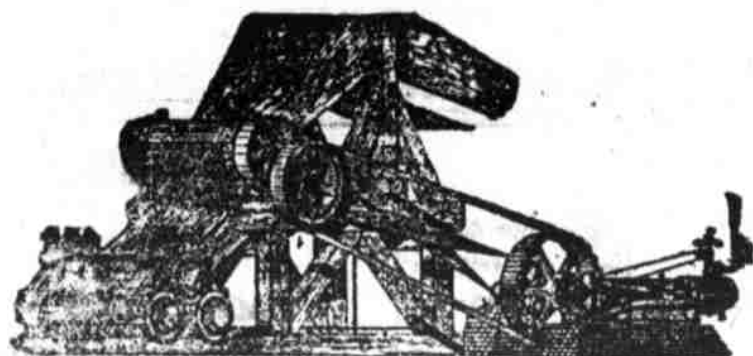
— TELEPHONE 179 —

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National Cane Shredder

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Mr. John A. Scott, Manager of the Hilo Sugar Company, gives the following wonderful record of the working of the NATIONAL CANE SHREDDER, which was erected by their works at the commencement of the crop just harvested:

"During the past week the Hilo Sugar Company's mill exceeded any of its former records by closing the 125 hours grinding with an output of 3004 tons. This is fully 10 percent more than the best work of former years.

"The three roller mill being 26 in. by 54 in. and the two roller mill 30 in. by 60 in. The first mill doing this amount of work in an efficient manner and with great ease, compared with work on whole cane, owing to thorough preparation of the cane by the National Cane Shredder, recently erected by the Company.

"And by its use the extraction has been increased from 3 percent to 5 percent on all kinds of cane, and in some cases 80 percent has been reached; the average being 75 to 78 percent, according to quality.

"I continue to find the megass from shredded cane better fuel than from whole cane.

"The shredder has been working day and night for seven months and has given me entire satisfaction, having shredded during that time about seventy thousand tons of cane, and a large part of it being hard ratoons.

"The shredder and engine require very little care or attention."

Plans and specifications of these Shredders may be seen at the office of

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Sole Agents for the Hawaiian Islands.

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Is a term that has been justly applied by many to the treatment given subjects in the....

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